

C: On ITU Grid,

H: 50Ghz Offset

Channel Number	Frequency (THz)	Wavelength (nm)	Channel Number	Frequency (THz)	Wavelength (nm)
H61	196.15	1528.38	H35	193.55	1548.91
C61	196.10	1528.77	C35	193.50	1549.32
H60	196.05	1529.16	H34	193.45	1549.72
C60	196.00	1529.55	C34	193.40	1550.12
H59	195.95	1529.94	H33	193.35	1550.52
C59	195.90	1530.33	C33	193.30	1550.92
H58	195.85	1530.72	H32	193.25	1551.32
C58	195.80	1531.12	C32	193.20	1551.72
H57	195.75	1531.51	H31	193.15	1552.12
C57	195.70	1531.90	C31	193.10	1552.52
H56	195.65	1532.29	H30	193.05	1552.93
C56	195.60	1532.68	C30	193.00	1553.33
H55	195.55	1533.07	H29	192.95	1553.73
C55	195.50	1533.47	C29	192.90	1554.13
H54	195.45	1533.86	H28	192.85	1554.54
C54	195.40	1534.25	C28	192.80	1554.94
H53	195.35	1534.64	H27	192.75	1555.34
C53	195.30	1535.04	C27	192.70	1555.75
H52	195.25	1535.43	H26	192.65	1556.15
C52	195.20	1535.82	C26	192.60	1556.55
H51	195.15	1536.22	H25	192.55	1556.96
C51	195.10	1536.61	C25	192.50	1557.36
H50	195.05	1537.00	H24	192.45	1557.77
C50	195.00	1537.40	C24	192.40	1558.17
H49	194.95	1537.79	H23	192.35	1558.58
C49	194.90	1538.19	C23	192.30	1558.98
H48	194.85	1538.58	H22	192.25	1559.39
C48	194.80	1538.98	C22	192.20	1559.79
H47	194.75	1539.37	H21	192.15	1560.20
C47	194.70	1539.77	C21	192.10	1560.61
H46	194.65	1540.16	H20	192.05	1561.01

C46	194.60	1540.56	C20	192.00	1561.42
H45	194.55	1540.95	H19	191.95	1561.83
C45	194.50	1541.35	C19	191.90	1562.23
H44	194.45	1541.75	H18	191.85	1562.64
C44	194.40	1542.14	C18	191.80	1563.05
H43	194.35	1542.54	H17	191.75	1563.45
C43	194.30	1542.94	C17	191.70	1563.86
H42	194.25	1543.33	H16	191.65	1564.27
C42	194.20	1543.73	C16	191.60	1564.68
H41	194.15	1544.13	H15	191.55	1565.09
C41	194.10	1544.53	C15	191.50	1565.50
H40	194.05	1544.92	H14	191.45	1565.90
C40	194.00	1545.32	C14	191.40	1566.31
H39	193.95	1545.72	H13	191.35	1566.72
C39	193.90	1546.12	C13	191.30	1567.13
H38	193.85	1546.52	H12	191.25	1567.54
C38	193.80	1546.92	C12	191.20	1567.95
H37	193.75	1547.32	H11	191.15	1568.36
C37	193.70	1547.72	C11	191.10	1568.77
H36	193.65	1548.11	H10	191.05	1569.18
C36	193.60	1548.51	C10	191.00	1569.59